

**Week:** 6 (May 4th-May 8th)  
**Flipgrid Videos**

**Theme:** Careers  
<https://flipgrid.com/437131fe>

**MONDAY \*\*\*Optional Non-School Day\*\*\***

**Question of the Day:** What do you want to be when you grow up?

<p><b>Reading</b> Listen to, <u>Career Day</u></p> <p>What was your favorite career from the story?</p>	<p><b>Letters &amp; Sounds</b> Tell someone the ending sounds in the following words:</p> <p>Doctor Dentist Teacher Fireman Baker Veterinarian</p>	<p><b>Math</b> Count to 50 by 1's. Count to 110 by 5's and 10's. Count back 20-0.</p> <p>Write numbers 0-31 in your favorite color crayon or marker.</p>
<p><b>Fine Motor</b> Make a list of the tools you would need for your future career.</p>	<p><b>Art or Sensory</b> Make a tool that you would use for your future career. You can make it out of paper, craft supplies or recyclables.</p>	<p><b>Gross Motor</b> Find or create tools from around your house and pretend-play your future career.</p>

**TUESDAY**

**Question of the Day:** What will be the best part of your future job?

<p><b>Reading</b> Listen to, <u>When I Grow Up</u></p> <p>What was your favorite part of the story? Why was it your favorite?</p>	<p><b>Letters &amp; Sounds</b> Play a game. Put all of your letter cards face-down. Take turns flipping over one card at a time. Say the letter name and sound. Bonus: Try to think of something that starts with the letter/sound.</p>	<p><b>Math</b> Have someone set a timer after you are done playing. See if you can clean everything up in less than five minutes.</p>
<p><b>Fine Motor</b> Draw a picture of you when you are grown up. Use at least five colors to complete the picture.</p>	<p><b>Art or Sensory</b> Fill up your sink or bathtub. Use measuring cups, cups, serving spoons, etc to play in the water.</p>	<p><b>Gross Motor</b> If it is nice out, play outside for 30 minutes. If not, play inside for 30 minutes.</p>

### WEDNESDAY

**Question of the Day:** What do your adults do for their career?

<b>Reading</b> Listen to read aloud, <u>Dream You'll Be</u> Joseph T. Garcia  What job do you like best from the story?	<b>Letters &amp; Sounds</b> Say four words that rhyme with each word below: Cat Pam Hen	<b>Math</b> Use play-doh to make the numbers 1-10.
<b>Fine Motor</b> Write your birthday 3 times in your notebook.	<b>Art or Sensory</b> Your Choice: Make an art project of your choice.	<b>Gross Motor</b> Act out a job. See if someone can guess what you are trying to be.

### THURSDAY

**Question of the Day:** Which career do you think would be the hardest?

<b>Reading</b> Listen to the read aloud, <u>Whose Shoes?</u> By Stephan Swinburne  What are your favorite pair of shoes used for?	<b>Letters &amp; Sounds</b> Make a word collage. Take an old magazine or newspaper and cut out all the words you know.	<b>Math</b> Count how many different jobs you can think of. Write that number in your notebook.
<b>Fine Motor</b> Make your own book of careers that you would like to learn more about. You can draw pictures and add simple sentences to each page.	<b>Art or Sensory</b> Pretend you are a baker! Pour some flour or salt onto a cookie sheet and practice writing your letters.	<b>Gross Motor</b> Make a Career Parade! Have people dress as jobs and march around your home!

### FRIDAY

**Fix It Friday**-Work on anything you didn't complete for the week.

**Staff Parade Today** (See email from Mrs. Schultz)

## Specials This Week

<p style="text-align: center;"><b>Art</b></p> <p>Draw or paint a picture of anything you want. Choose someone to give the picture to, as a gift. Some ideas of who you could give your artwork to:</p> <ul style="list-style-type: none"> <li>• Someone you live with</li> <li>• A neighbor</li> <li>• Mail it to a friend or family member that you cannot see right now</li> </ul>	<p style="text-align: center;"><b>Music</b></p> <ul style="list-style-type: none"> <li>• Watch the “Tubby the Tuba” video on Flipgrid (2 parts)</li> <li>• Do the “Cobbler” activity on Seesaw.</li> <li>• Do the “Johnny Works with 1 Hammer” activity on Seesaw.</li> </ul>	<p style="text-align: center;"><b>SEL</b></p> <p>Check out this week's story on flipgrid. After thinking about what clues your body gives you when you are starting to have a strong feeling. Does your face get hot like Lester, do you clench your fists, do you frown? Draw a picture or tell someone in your family the clues your body gives you that you are starting to get upset.</p>
<p style="text-align: center;"><b>Gym</b></p> <p><b>-Fitness</b></p> <ol style="list-style-type: none"> <li>1) High knees</li> <li>2) Climbers</li> <li>3) Plank holds</li> <li>4) Jumping jacks</li> <li>5) Punches</li> <li>6) Squat hold punches</li> </ol> <p>There are 3 levels to this sequence.  Level 1: 1 set  Level 2: 3 sets  Level 3: 5 sets</p> <p>Challenge yourself and push your body to see how many sets you can complete.</p> <p><b>-Indoor Obstacle Course</b></p> <p>When I was a kid I built a home obstacle course all the time. Depending on the skill level of the stations you create, obstacle courses can be fun games to play with kindergarten-aged children through adults. Here are some ideas for your course that you could put in any order:</p> <ol style="list-style-type: none"> <li>1. Put down pillows or couch cushions and the kids need to jump from one to the next. Alternatively, the kids could need</li> </ol>	<p style="text-align: center;"><b>Gym Cont.</b></p> <p>to jump over the pillows or cushions!</p> <ol style="list-style-type: none"> <li>2. Climb over ottomans.</li> <li>3. Allow only jumping/somersaulting/crawling/ crab walking from one area of the course to another.</li> <li>4. One of my personal favorites as kid – crawling through tunnels made from blankets or sheets hung over chairs and couches.</li> <li>5. Perform various exercises like 20 jumping jacks.</li> <li>6. Toss 5 sock snowballs from game number into laundry baskets. Throwing stuffed animals also works here.</li> <li>7. Crawl under tables</li> </ol> <p>Make sure you are being safe.</p>	<p style="text-align: center;"><b>Media</b></p> <p>More fun can be found on the media center page - KDGN -under Distance Learning Links. (under week 4 square).</p> <p>First, watch the how-to video and then enjoy the links for Week 6</p> <p>Here is the direct link to the activities.  <a href="https://sites.google.com/district745.org/albelemmediad/kdgn-weekly-links">https://sites.google.com/district745.org/albelemmediad/kdgn-weekly-links</a>.</p>

**Other Things to Try This Week: (Optional)**

Make puppets of different people with different jobs.	Dress like the job you might want to have when you grow up. Tell what you might need.	Write a letter to your teacher! :)
Play store. Play restaurant. Play salon. Etc.	Help an adult with a job. Tell them what is challenging about it.	Interview an adult about their job.